# **Callous Versus Anxious and** Substance Choices in Adjudicated Adolescents: A Longitudinal Test of the Self-Medication Hypothesis

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### BACKGROUND

- Substances are pharmacologically distinct
- Self-medication hypothesis argues that individuals take substances to relieve specific psychopathological symptoms
- Little is known about the relationship between CU traits and trait anxiety and substance use choices

#### **STUDY AIMS**

- 1. Estimate distinct groups of adolescents based on differential patterns of substance use using latent class analysis (LCA)
- 2. Test whether CU traits, trait anxiety, and their interaction predict substance use class membership

# HYPOTHESES

- AIM 1: 5 substance use classes (no use, primarily stimulant, primarily sedative, primarily hallucinogenic, polysubstance)
- AIM 2: Higher levels of CU traits related to primarily stimulant or polysubstance use; higher levels of anxiety related to primarily sedative use; higher levels of CU and anxiety related to polysubstance use

# METHODS

- Pathways to Desistance Study
- Multi-site, prospective, longitudinal study of juvenile offenders (7 years, 11 time-points)
- N: 1,354 (ages 14-17, M<sub>age</sub> = 15.90, 13.5% female) Substance use assessed at T1-T11 using modified Substance
- Use/Abuse Inventory
- CU traits assessed at T2 using Youth Psychopathic Traits Inventory (YPI)
- Anxiety assessed at T1 using the Revised Children's Manifest Anxiety Scale (RCMAS)
- Creation of total substance use score for 1) stimulants, 2) sedatives, 3) hallucinogens, excluding commonly used drugs (i.e., cigarettes, alcohol, and marijuana) for each participant

# RESULTS

#### AIM 1: LCA model

- 2-group model showed best fit (**Table 1, Fig. 3**)
- Group 1 (low use group): *N* = 1221, 90%
- Group 2 (high use group): *N* = 132, 9.8%

# AIM 2: Bivariate Regression Model

• CU traits and trait anxiety were not significant predictors of class membership (**Table 2**, **Fig. 1-2**)

# CONCLUSIONS

- Maladaptive traits such as CU traits and trait anxiety do not appear to significantly predict substance use class membership
- Study limited by reliance on self-report, use of high-risk sample, and capping of drug offenses at 15%
- Other factors (i.e., race (white, Hispanic) low impulse control, deviant peer association) may serve as more effective targets for treatment



# **Callous-Unemotional and Anxious Traits** Were Not Significant Predictors of Substance Use Class Membership





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# **Table 1:** Summary of latent profile analysis

	BIC	AIC	Entropy	Adj. LRT test
Two classes	7722.36	7670.26	.97	1661.33, p < .05
Three classes	7147.88	7074.94	.97	583.10, p =.09
Four classes	6744.96	6651.18	.97	417.29, p =.42
Five classes	6491.5	6376.88	.97	272.84, p =.61
Six classes	6198.17	6062.71	.97	280.46, p =.35

*Note*: BIC=Bayesian Information Criterion; lower values suggest better model fit; Adj LRT = Lo Mendell-Rubin Adjusted Likelihood Ratio Test

# **Table 2:** Results of Binomial Logistic Regression

	Model 1 (without interaction)		Model 2 (with interaction)	
Covariates	SE	В	SE	В
Site	.27	16	.27	17
Setting	.28	18	.28	17
Age	.10	.21	.10	.21
White	.34***	1.82	.34***	1.85
Hispanic	.34**	.86	.34**	.86
Sex	.35	.15	.35	.14
Impulse Control	.14***	90	.14***	90
SES	.01	18	.01	18
Deviant Peer Association	.14**	.79	.14**	.82
Variables of Interest				
Anxiety	.02	05	.02	12
CU Traits	.02	.08	.02	.01
Anxiety by CU Traits			.00	.74

*Note: p*< .05<sup>\*</sup>, *p*<.01<sup>\*\*</sup>, *p*<.001<sup>\*\*\*</sup>, two-tailed.