## Importance of Healthcare Amongst Older Latino Adults

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## Introduction

This project focuses on the increasing importance of health insurance. In this study all the particip ants have some sort of health insurance but that isn't the case in other places with large number of Latin immigrants. There is a mass dependency on health insurance for the people in the study because many have other underlining conditions which require out of pocket costs to be able to see a doctor and get their prescriptions. My presentatio will have an emp hasis on the older Latin population and the importance health insurance has on this

## Background

In the United States 9 percent (around 5 million of the 63 million) of the people of the people who are enrolled Medicar are Latin. This number is projected to jump up with an aging population of Latin people so by the year 2060 to around 19.9 million people. Many of the people who qualify for Medicare are below the poverty line and are at a higher risk of being disabled due to their population working more in blue collar industries.

## Methods



$\square$ Medicare $\square$ Medicaid $\square$ Double Eligible $\square$ Employer Based $\square$ Private

## Insurance types from study:

Medicare $37.7 \%$ ( 31 people), Medicaid $10.8 \%$ ( 9 people), Double eligible $32.5 \%$ ( 27 people with both Medicare and Medicaid), Employer-based $2.4 \%$, ( 2 people), Private $16.9 \%$, (14 people), Uninsured 0\% (0 people)

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## Discussion and Conclusion

Within my time of being part of Tiempo Juntos and conducting questionnaires with the participants it's apparent that healthcare is vital to their health. Many of the particip ants have other conditions like high blood pressure, where they need to go to the doctors for medicine and to get checked on. Even with Medicare or Medicaid or even both there are issues with the number of resources they are even both there are issues with the number of resources they are
available to attain because of their insurance. For instance, in there is a decreased ability to receive effective treatments and the insurance may not be able to cover top brand medicines or services like dental vision, and hearing. This is an issue because this demographic is more likely need this assistance. This also brings up the issue of needing care 24/7. Medicare does not cover long term care which in cases with demographics that have MCI or Alzheimer's they require care to do their regular tasks. Many families are burdened with taking care of their family members because they can't afford to put heir loved one in a nursing home.
Speaking about the imbalances of health care and fixing policies that are currently hurting these demographics is one of the most important things we can do. We can increase the funding for Medicare so that these demographics don't need to pay out of pocket for visits to the doctors and their other basic needs. Also, by increasing the funding it would also be possible to give the people that need the $24 / 7$ assistance, the assistance they need.

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